



Association Rules Etiquette

Forró do Chamego Leipzig e.V.

We want to create a space where everyone feels comfortable, where everyone's needs and boundaries are respected and where we communicate openly with each other. Therefore, please adhere to the following rules of conduct:

Respect

Show respect for others, regardless of gender, age, appearance, skin color, origin, language, sexual orientation, beliefs, or physical and mental characteristics. Respect that other people may have different opinions, and avoid imposing your own views on others.

Respecting Boundaries

Dancing often brings us physically very close together, which can affect our personal space and that of others. Physical or emotional sensations that this triggers can be both pleasant and unpleasant. Therefore, it is important to respect your own boundaries and needs, as well as those of your dance partner. Pay particular attention to closeness and distance as well as dance skills. You can perceive your dance partner's boundaries and needs through body language or by asking verbally. It can also be done at the beginning of the dance and throughout.

As an experienced dancer, please be especially considerate of beginners, their limits, and their needs. Certain movements or physical proximity can feel unfamiliar or even uncomfortable, especially for beginners. Be aware of this and maintain an open dialogue.

There are various ways to dance Forró. Regardless of whether you are a beginner or an advanced dancer, always find the right distance or closeness with your partner that makes you both feel comfortable in that moment. Take the time you need to immerse yourself in the world of Forró and connect with the people.

Example: If I danced closely with Person X yesterday, I may not want to do so today. Or if I dance closely with person X, I may not want to do so with person Y.

Communication

You can tell your dance partner at any time (with or without words) if you feel uncomfortable or something doesn't feel right to you while dancing. It's absolutely fine to stop a dance if necessary. In short: Only do what feels good to you, and leave what doesn't feel good.

"Only a yes is a yes" and "No means no". Talk about your boundaries and try to clearly express them with words. A spoken "no" is clear and understandable for the other person.

If you would like to give your dance partner suggestions for improving their technique, dance posture or similar, please ask beforehand whether such feedback is welcome.

Inviting & Responding

Anyone can invite anyone to dance, regardless of gender or role as a leader or follower. If you would like to dance with someone, ask them kindly and don't put any pressure on them.

It is always okay to decline a dance, and you don't need to give reasons. Please remain polite and respectful. If your invitation to dance is declined, accept it. Before dancing, ask your partner if they prefer to lead or follow. If you would like to continue dancing with your dance partner after a dance, first ask if they would also like to do so.

Personal Hygiene & Use of Substances

Pay attention to your personal hygiene, as dancing brings us close together.

Bring a change of clothes if necessary.

Be mindful not to disturb others through the consumption of alcohol, cigarettes, or similar substances.

Use of the Facilities

Treat the facilities and equipment with care. We dance in clean, flat shoes, socks, or barefoot (no high heels). Please help to clean up after the social dance. Forró do Chamego Leipzig e.V. is completely volunteer-run and relies on your help. If you need assistance or support, have questions, feedback, or suggestions, feel free to speak with someone from the orga-team.

Important

Failure to comply with these rules may result in exclusion from the association and participation in any association events.